



RIVER FOREST TENNIS CLUB

ESTABLISHED 1905

We are so excited for another great season at the RFTC Pool! Please review these rules with your family.

- **Everyone must sign in at the Guard Desk**
 - Provide the first and last name of each family member present
 - If you have a guest, inform the guard of the guest's first and last name, cost is \$6 a visit
 - Each guest may only visit the pool once a week and not more than 5 times a summer.
 - Reach out to the front office if you have a house guest!
 - [Nanny passes](#) are required for those taking care of your swimmers.
 - If you come and go, inform the desk if you have already signed in
- **Towels - one per person/per day**
 - Large towels are for adults and blue striped towels are for children 13/under
 - Used towels go in the bins located in the pool locker rooms or outside the guard office
 - Towels are not available during swim team practice, water polo practice or swim meets
- **Pool area safety**
 - No running on the pool deck
 - No diving in the shallow end
 - Diving board - walk to the edge of the board and jump off
 - Running, twisting, multiple flips, and backwards dives are not allowed
- **Food/drinks - leave no trace**
 - No glass in the pool area
 - If you have a large meal planned/prepared, please use the designated eating area
- **Swim cover ups - *required*** anywhere outside the pool area
- **Children 8+ years old** - if able to swim the length of the pool, can visit the pool without an adult. Ask the head guard or manager on duty to help with this test!
- **Toys** - noodles, kickboards and basketball are allowed
- **Swim diapers** - required for non toilet trained swimmers
- **Baby pool** - only for kids ages 5 and under

Our lifeguards are extremely vigilant and will enforce these pool rules in order to help keep your family safe. In inclement weather, such as thunder or lightning, the pool will be closed for 30 minutes and the deck must be cleared. Each time thunder is heard or lightning is seen, the 30 minute timer restarts. Announcements will be posted in the RFTC Facebook group, and feel free to reach out to us at pool@rftc.org with any questions.

****The Pool Staff has the authority to eject from the pool anyone who fails to comply with these pool rules, or whose conduct is otherwise unbecoming of RFTC standards (bullying, rough-housing, etc).****

6/6/2023