



RIVER FOREST TENNIS CLUB

ESTABLISHED 1905

We are so excited for another great season at the RFTC Pool!

- **Sign in procedure**
 - Please sign in at the guard desk outside of the pool. Please tell the guard at the check in desk your last name and first names in your party. If you have a guest, please inform the guard of their first and last name.
- **Towels**
 - One towel per person - large towels are for adults and blue striped towels are for children 12/under.
 - Used towels go in the bins located in the pool locker rooms or outside the guard office.
 - Towels are not available during swim team practice, swim meets, or water polo practices.
- **Diving board safety**
 - Walk to the edge of the board and jump off.
 - Running, twisting, multiple flips, and backwards dives are not allowed.
- **Snacks, food and drinks**
 - All non-alcoholic beverages should be in non glass containers.
 - Food is allowed on the pool deck assuming you will clean up after yourselves.
 - If you have a large meal planned/prepared, please use the designated eating area.
- **Guest policy**
 - Each guest may only visit the pool once a week (\$5 will be charged to the member account for each visit). Reach out to the front office if you have a house guest!
 - Nanny passes are a must for those taking care of your swimmers. [Click here for the form!](#)
- **Swim cover ups - *required*** anywhere not at the pool.
- **Children over the age of 8** can come to the pool without an adult as long as they are able to swim the length of the pool. Ask the head guard or manager on duty to help with this test!
- **Toys** - inflatable balls, rafts and toys are not allowed at the pool.
- **Swim diapers** - required for non toilet trained swimmers.
- **Baby pool** - only for kids age 5 and under.

Our lifeguards are extremely vigilant and will enforce these pool rules in order to help keep your children safe. If your child has broken a pool rule after being informed of the rule and warned about ie; pushing, running, dangerous flips, rough housing, dunking, they will be asked by the guards to sit out for a minute. They will be allowed back in the water once they have explained what they need to do differently.

The pool will open or close at 70 degrees. In inclement weather, such as thunder or lightning, the pool will be closed for 30 minutes and the deck must be cleared. Each time thunder is heard or lightning is seen, the 30 minute timer restarts.

Announcements will be posted in the RFTC Facebook group, and feel free to reach out to us at pool@rftc.org with any questions!

6/18/2022