

Program name	Starting skill set	Suggested age range*	Description	Class duration	Schedule
USTA Red Ball shotmakers	No prior experience	4-8 yrs	A great way to introduce young children to the fun of tennis. Kids will learn eye-hand coordination, footwork, basic shots. Red foam balls and a smaller court will be used. Certificate awarded at the end of the session.	45 min class 4 x per week	M, T, W,Th 10:45-11:30pm OR 5:00-5:45pm
USTA Orange Ball Excellence	Beginner	7-10 yrs	Kids will begin to learn to hit with each other through a series of progressive activities and games. The focus of this group is to keep the atmosphere fun and engaging, while having friendly team competitions. Appropriate rackets, orange balls and court size will help in development. Coach evaluation at the end of each session. USTA match play opportunities will be available with other local clubs.	90 min class 4 x per week	M, T, W, Th 11.30am-1:00pm OR 3:15-4:45pm OPTIONAL Fri matches TBD
USTA Green Ball Super Excellence	Advanced beginner to intermediate	9-12 yrs	Emphasis placed on rallying back and forth with some consistency with a feed. Kids will learn positions on the court and a variety of shots. Players should have proper grips. Green dot balls will help in development. Coach evaluation at the end of each session. USTA match play opportunities will be available with other local clubs.	90 min class 4 x per week	M, T, W, Th 1:30-3:00pm OR 3:15-4:45pm OPTIONAL Fri matches TBD
Yellow Ball 1	Advanced beginner to intermediate	10-16	Same as above, but with regulation yellow balls. Meant for older players who are newer to tennis, or those passing through green dot but not yet ready for Junior Varsity group. USTA Match play opportunities will be available with other local clubs.	90 min class 4 x per week	M, T, W, Th 1.30-3.00pm OPTIONAL Fri matches TBD
Junior Varsity	Intermediate	11-16 yrs	Players should have proper grips, a variety of shots and be able to rally with pace and consistency. Emphasis will be placed on improving consistency, emphasizing stroke production, form and control. This class will provide opportunities for point play, competitive drills, game strategies and athletic development. Players are expected to participate in weekly interclub matches, which may require local travel.	2 hrs class 4 x per week with Friday interclub matches	M, T, W, Th 11-1pm OR 3:00-5.00pm Fri matches 1.00-3.30pm
High Performance/ Varsity	Advanced	13-18 yrs or ability based	Advanced players tournament program - Training for tournament play emphasizing stroke production, control, technique and athletic development. This class will emphasize point play, competitive drills and advanced game strategies and tactics. Players are expected to participate in weekly interclub matches, which may require local travel.	2 hrs class 4 x per week with Friday interclub matches	M, T, W, Th 11-1pm OR 3:00-5.00pm Fri matches 1.00-3.30pm



JUNIOR TENNIS PROGRAM – SUMMER 2019

PRICING

John Morlidge
Head Pro

Non-Member (Member)

	USTA Red Ball	USTA Orange Ball	USTA Green Ball	USTA Yellow Ball I	JV / Varsity High-Performance	JV / Varsity High-Performance 2x Day
PRE-SEASON (4 weeks) May 13 - Jun 9	\$160 (\$144) T/Th 4-5pm	\$160 (\$144) T/Th 4-5pm	\$160 (\$144) T/Th 5-6pm	\$160 (\$144) T/Th 5-6pm	\$240 (\$216) M/W 4-5:30	n/a
SESSION 1 (4 weeks) Jun 10 - Jul 7	\$202.50 (\$180)	\$405 (\$360)	\$405 (\$360)	\$405 (\$360)	\$684 (\$608)	\$1026 (\$912)
1A Jun 10-14	\$60 (\$54)	\$120 (\$108)	\$120 (\$108)	\$120 (\$108)	\$200 (\$180)	\$300 (\$225)
1B Jun 15-21	\$60 (\$54)	\$120 (\$108)	\$120 (\$108)	\$120 (\$108)	\$200 (\$180)	\$300 (\$225)
1C Jun 24-28	\$60 (\$54)	\$120 (\$108)	\$120 (\$108)	\$120 (\$108)	\$200 (\$180)	\$300 (\$225)
1D Jul 1-5 <i>No groups July 4</i>	\$45 (\$40.50)	\$90 (\$81)	\$90 (\$81)	\$90 (\$81)	\$160 (\$144)	\$240 (\$216)
SESSION 2 (4 weeks) July 8th – Aug 4th	\$216 (\$192)	\$432 (\$384)	\$432 (\$384)	\$432 (\$384)	\$720 (\$640)	\$1080 (\$960)
2A Jul 8-12	\$60 (\$54)	\$120 (\$108)	\$120 (\$108)	\$120 (\$108)	\$200 (\$180)	\$300 (\$225)
2B Jul 15-19	\$60 (\$54)	\$120 (\$108)	\$120 (\$108)	\$120 (\$108)	\$200 (\$180)	\$300 (\$225)
2C Jul 22-26	\$60 (\$54)	\$120 (\$108)	\$120 (\$108)	\$120 (\$108)	\$200 (\$180)	\$300 (\$225)
2D Jul 29 – Aug 2	\$60 (\$54)	\$120 (\$108)	\$120 (\$108)	\$120 (\$108)	\$200 (\$180)	\$300 (\$225)
SESSION 3 (2 weeks) Aug 5 - Aug 15	\$120 (\$108)	\$240 (\$216)	\$240 (\$216)	\$240 (\$216)	\$288 (\$256) <i>No Friday matches</i>	\$432 (\$384)
POST-SEASON TBD						

*Age groups are intended as a guide to placement – coaches will make final assessments for appropriate grouping and will make every effort to balance ability levels within groups.

Questions? Please email Dara Keidan at DaraK@tenandfit.com.

- All players must abide by RFTC Dress Code and Code of Conduct.
- Friday matches - travel arrangements to local clubs for JV and Varsity will be made by tennis coaches at no additional cost. Optional matches will be charged separately at \$25 per match for orange, green and yellow ball.
- Payment terms - sessions should be paid in advance, by charge to your RFTC account or by cash/check/credit card in RFTC pro shop
- Vacation policy - please make arrangements for vacations with the coach in advance of the session. Sessions may be pro-rated in weekly increments only (no daily refunds).